



Pre-Doctoral Internship Positions

Eligible Internship: Suitable for all internship placements to gain experience with intensive outpatient programs (IOP) for chronic illness; individual, couples, or family outpatient psychotherapy with diverse populations; and various assessment opportunities. Please note that this internship is not APA accredited.

Supervising Psychologists: Dr. John Glovan, Dr. Elena Zagarskas, Dr. Erin Kotkowski, Dr. Ashley Poklar, and Dr. Barb Ballash

Required Number of Hours: Approximately 40 hours a week.

Brief Description: The Behavioral Wellness Group (BWG) is a private, outpatient practice in Mentor, OH that offers psychotherapy and behavioral health services to individuals, couples, families, and groups. We provide tailored therapy along with substance abuse evaluations and treatment, psychological and educational testing, pre-surgical (e.g., bariatric, pain, and gender-affirming surgery) assessments, and memory testing. Our clinical staff has advanced expertise in research-supported treatments, including Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT). We are strongly committed to the growth and development of professionals. Our student training program offers opportunities to gain experience working in a group setting that provides intensive training in each of the theoretical treatment models listed above. Depending on previous experience and internship needs, our trainees can work with children/adolescents, families, and adults in the following modalities: intake/assessment, intensive psychological testing, individual therapy, couples therapy, and family therapy. Additional training experiences include individual and group supervision, participation in clinical team meetings, and didactic training in areas of assessment as well as treatment modalities. Each trainee develops an individualized training plan in collaboration with their primary supervisor to ensure training experiences match training goals.

Contact Person: Dr. Erin Kotkowski at ekotkowski@behavioralwellnessgroup.com

Application Procedure: Send your CV to ekotkowski@behavioralwellnessgroup.com