



Masters Mental Health Counseling Practicum and Internship – Ohio and South Carolina

Eligible Practicum and Internship Rotations: Training opportunities are based on the clinical experience of the student. Practicum students will be predominantly involved in one of our Intensive Outpatient Programs where they will learn CBT and DBT interventions, clinical note-writing skills, intake protocols, family meetings, and feedback sessions alongside a trained clinician. Practicum students will also be able to carry a small independent caseload based on their exhibited clinical abilities within their IOP rotations. Internship students will not only have an opportunity to work with our IOP programs but also carry their own individual therapy caseload as well as opportunities to be paid for clinical work beyond the initial 20 hours per week.

Supervising Clinicians: Erin Pawlak, MS, LPCC-S (OH), CPCS (GA), LPCS (SC)
Michael Pollak, MS, LPCC-S, LICDC (OH)

Required Number of Hours: Approximately 20 hours a week.

Brief Description: The Behavioral Wellness Group (BWG) is a private, outpatient practice in Mentor, OH and Bluffton, SC that offers psychotherapy and behavioral health services to individuals, couples, families, and groups. Our clinical staff has advanced expertise in research-supported treatments, including Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT). We are strongly committed to the growth and development of professionals. Our student training program offers opportunities to gain experience working in a group setting that provides intensive training in each of the theoretical treatment models listed above. Depending on previous experience and program needs, our trainees can work with children/adolescents, families, and adults in the following modalities: intake/assessment, individual therapy, couples therapy, and family therapy. Additional training experiences include individual and group supervision, participation in clinical team meetings, and didactic training in additional treatment modalities. Each trainee develops an individualized training plan in collaboration with their primary supervisor to ensure training experiences match training goals.

Contact Person: Dr. Erin Kotkowski at ekotkowski@behavioralwellnessgroup.com

Application Procedure: Send your CV to ekotkowski@behavioralwellnessgroup.com