



The Behavioral Wellness Group Glovan, Pollak, and Associates

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PSYCHOLOGICAL TESTING AND ASSESSMENT POLICIES

Dear Clients and Colleagues,

Thank you for your interest in completing psychological testing/assessment with us at the Behavioral Wellness Group! This letter is to inform you of some policies and procedures regarding the process of psychological testing/assessment to better prepare you for your visits with us.

There are various reasons for seeking psychological testing/assessment. Some of the most common reasons include clearance for bariatric surgery, clearance for pain medication/pain management and/or spinal cord stimulator surgery, assessing for learning disabilities or giftedness, ADHD, autism spectrum disorder, memory functioning, diagnostic clarity, and general personality functioning. You and your doctor, clinician, or school can help you to determine whether testing/assessment can be helpful for you.

As part of our commitment to uphold the highest standards of professional care, the following can be expected when you begin the testing/assessment process with us:

- **The testing/assessment process will require several visits.** Generally, the *minimum* is three visits. The range of time to complete the process can be 4-6+ weeks depending on your needs and scheduling availability. This is to be sure that a thorough and appropriate evaluation is completed, including testing reports that may need to be sent to your doctor/school/other clinicians.
- **No actual testing will be completed on the first visit to our office.** Your first visit will involve an intake in which a clinician will gather needed information in order to confirm that testing/assessment is necessary and to select which tests are most appropriate for you. Even though several different people come for the same testing purposes, they may need to take different tests depending on their unique needs.
- **There is a materials and facilities fee that we charge that is a *minimum* of \$200-\$500.** The cost depends on your unique needs and which tests are best for you. This fee covers

the tests themselves and associated materials which may be very costly. This is a self-pay charge that will be required of all testing clients that is *not billed to insurance*.

- **You may owe additional money based on your insurance plan**, which varies depending on co-pays, co-insurances, deductibles, and overall coverage. Even though several different people might have the same insurance provider, their plans and coverage can vary.
- Within 1-2 appointments, **we will provide you with a thorough and itemized list of our estimated costs and fees, and thoroughly explain the testing process**. We will also provide you with a list of questions to ask your insurance company to help make this information easier for you to understand and to determine your coverage.
- **Assessments for Autism-Spectrum Disorder are available with the use of the Autism Diagnostic Interview-Revised**. *Please call your insurance company to see if they accept this test in order to cover therapeutic services for autism (e.g., those in need of an ASD diagnosis in order to receive ABA or other behavioral services).*
- **Please note that our clinicians may charge a no-show or late cancellation fee** for missed appointments or less than 24 hour notice once you start the testing process. Alternatively, no-showing or missing appointments may result in referring you to another agency to complete your testing. We want to assist you with completing the process in an efficient and timely manner.

Thank you very much for choosing us as your provider! We hope that this information will assist you in preparing for your upcoming testing/assessment visit. We take pride in adhering to professional and ethical standards regarding our psychological work and wish to provide you with the highest quality service.

Sincerely,

John A. Glovan, Psy.D.

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Managing Member

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